



Lower Light

March 2024

LOWER UNITED METHODIST CHURCH

IN THIS ISSUE

Let's Journey Together

by Rev. Yosub Namgung



Song of Solomon 2:13, "The fig tree ripens its figs, and the vines are in blossom; they give forth fragrance. Arise, my love, my beautiful one, and come away."

In the United States, the new school year typically begins at the end of August or in September. However, in Korea, the new school year always starts on March 2nd. Just like the end of winter and the arrival of spring, students also embark on a new academic term. Therefore, spring represents a new beginning for Korean students.

Spring is a brilliant season. Like new life sprouting forth, our hearts and souls also embrace fresh energy and vitality. The Bible verse Isaiah 60:1 exhorts us to experience new beginnings and the glory of God.

We can understand the significance of spring and apply it to our spiritual lives. Spring represents facing new challenges and using them to radiate God's glory. We may still have areas of lack and difficulties to overcome. Yet, God provides us with fresh strength and opportunities to reflect His glory.

Therefore, as we welcome spring, we join in God's plans and purposes, striving to reflect His love and glory in the world. We will spiritually stretch ourselves, face new challenges, and endeavor to shine God's light into the world. I pray to journey together, experiencing God's blessings and guidance along the way.

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March 24



March 31



March 28

Maundy Thursday
Service @ 7:00 p.m.



March Worship Services

- 3 "I Will Raise It Up"
- 10 "Loving the Light"
- 17 "Whoever Serves"
- 24 **Palm Sunday**
"Blessed is the One"
- 28 7:00 p.m. Maundy
Thursday
- 31 **Easter**
"You Are Looking for Jesus"
Communion

Bay Aging Presentation

Sponsored by Martha-Sarah Circle
of United Women in Faith

by Margaret Montgomery



"Thank you for providing this service! I've had several students comment that they appreciate being able to come to the clinic and get the things they need." – Bonnie Wells, Middlesex High School Nurse

"The kids LOVE the Carmex chapstick that you dropped off and feel that it works better than plain Vaseline." - Amy Neal, Middlesex Elementary School Nurse

The current needs for the Cinderella Project include:

Mini packs of tissues

Disinfectant spray (Lysol)

Cases of 12 oz water bottles

Cereal bars (Nutrigrain)

Soft mints (like Red Bird)

High protein/low carb snacks (Slim Jim/beef jerky)

Tampons

Juice boxes

Bay Aging representative La'Norsha Holden, Options Counselor and Health Coach from Warsaw Bay Aging office, will be our guest speaker on **March 12, 2024, at 10:30** in the Fellowship Hall. Our congregation and guests will be able to ask questions after her presentation about the services and programs offered by Bay Aging, and light refreshments will be served. Topics, not limited to, will include transportation, living independently, health services, how to access services such as meals on wheels and how churches and individuals may support Bay Aging. Tell your neighbors and bring a friend! All are welcomed.

Preschool Fun

February at the Buoys and Gulls Preschool included Winter Fest and 100 Days of School celebrations.



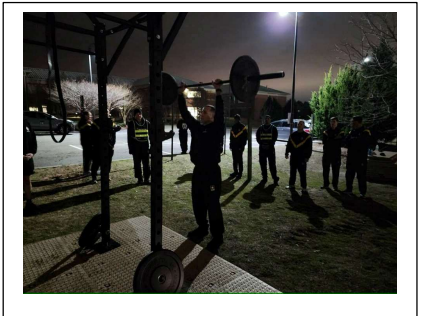
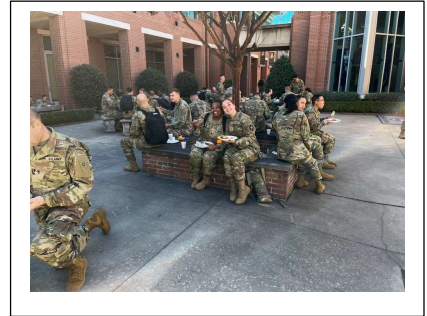
REMINDER!

Scholarship applications are due May 1st. See our website for more information and an application: lowerumc.org.

LUMC Extension Ministry to the Army Reserves

by Rev. Yosub Namgung

I completed the first half of my Chaplain School training through your prayers and support and returned home last Thursday night. There were 90 Chaplains and Chaplain Candidates, and I was amazed to hear how God called them and how they sacrificed to follow His call. The training was not easy, but I grew stronger and more resilient there. While I have returned home, I ask for your prayers for Chaplains who will continue to receive training until April 17th.



February Council Meeting Notes

After approval of the consent agenda, Rosabeth Ward led discussion on action item updates.

Preschool Committee – Kelly Walden reported that as of January, 2024, her \$500.00 monthly contribution toward expenses had been paid. Kristie and Kelly had review and discussion regarding preschool use of the copier, and it was proposed that the preschool pay an additional 50.00 a month for use of the church copier rather than obtain their own copier. A motion was made to accept this proposal which was seconded and approved.

Special Request – Kelly reported that Tammie Hogge is retiring after this year. The ability to provide health insurance benefits would make it easier to hire qualified candidates, and Kelly asked if she could add the teachers to the United Methodist Church health insurance policy. Rosabeth Ward will ask Stan Coloff to look into this request.

Grounds, Improvements & Cemetery Report – Johnny Fleet reported there was a water leak which he and John Groves have worked to repair and have the Middlesex Water Authority review.

Johnny explained that a request has been made to the District Superintendent for final approval of the separation of the cemetery from LUMC into a 501(c)13 LLC. Once this occurs, an account will be opened to deposit existing cemetery donations.

Board of Trustees – Johnny Fleet, chairman, reported that a State Corporation Commission annual registration filing fee is due for Lower Chapel, LLC, the Limited Liability Corporation established in 2023 for the possibility of disaffiliation. Johnny explained that since the LLC was not utilized for that, it was still available to LUMC to use as its LLC. A motion was made to move forward with the filing which was seconded and approved.

New Business: Rosabeth led discussion on how to move forward in ministry to reach others. Suggestions included:

- 1. Start Sunday School Again,
- 2. Seek Healing Spirit for Our Congregation,
- 3. Pray at the Alter with Others after Sunday Worship Service,
- 4. Survey New Members to Address their Needs,
- 5. Schedule Meals Outside of Church to Talk with Others – Share Helpful Connections and Form Friendships,
- 6. Bring Back Vacation Bible School.

Old Business: Reverend Tim Earnhardt will help Rosabeth in April to gather different groups. The goal is for each person to choose a statement and then join a committee to “live the mission”.

There being no further business, the meeting adjourned at 8:15 p.m. The next Church Council meeting will be on Tuesday, March 5, 2024, at 7:00 p.m.



March Birthdays

Sammy Fleet	11
Mildred Townsend	13
Robin Atwood	14
Beverly Pace	29



Dear LUMC,

I hope this note finds you well. I wanted to take a moment to express my deepest gratitude for the scholarship you awarded me for college. Your generosity has made a significant impact on my educational journey, and I am truly honored to be chosen as a recipient. Your belief in my potential and support means the world to me. I am committed to working hard, staying focused, and making the most of this opportunity. Once again, thank you from the bottom of my heart for your kindness and support. I am genuinely grateful for your belief in me. I look forward to keeping you updated on my progress throughout my college journey.

Warmest regards,

Pierce Lambert

The Resurrection of Jesus Destroyed Death - Verses from the Holy Bible

compiled by Elizabeth Johnson

John 19:28-30 Jesus knew that by now everything had been completed; and in order to make the scripture come true, he said, "I am thirsty." A bowl was there, full of cheap wine; so a sponge was soaked in wine, put on a stalk of hyssop, and lifted up to his lips. Jesus drank the wine and said, "It is finished!" Then he bowed his head and died.

Matthew 27:51-52 Then the curtain in the Temple was torn from top to bottom. The earth shook, the rocks split apart. The graves broke open, and many of God's people who had died were raised to life.

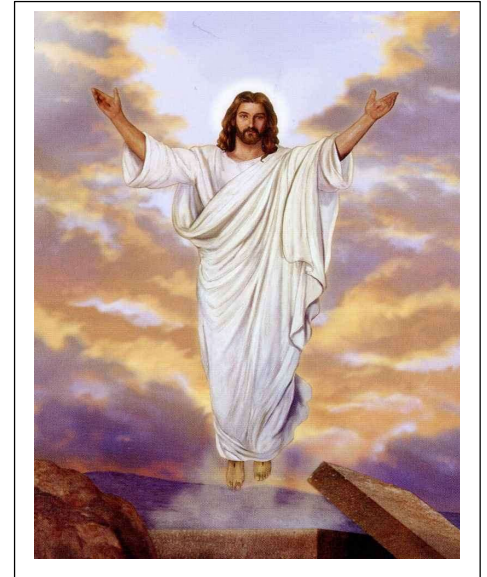
Mark 16:9 After Jesus rose from death early on Sunday, he appeared first to Mary Magdalene from whom he had driven out seven demons.

John 20:19-23 It was late that Sunday evening, and the disciples were gathered together behind locked doors, because they were afraid of the Jewish authorities. Then Jesus came and stood among them. "Peace be with you," he said. After saying this, he showed them his hands and his side. The disciples were filled with joy at seeing the Lord. Jesus said to them again, "Peace be with you. As the Father sent me, so I send you." Then he breathed on them and said, "Receive the Holy Spirit. If you forgive people's sins, they are forgiven; if you do not

forgive them, they are not forgiven."

Acts 1:8-11 "But when the Holy Spirit comes upon you, you will be filled with power, and you will be witnesses for me in Jerusalem, in all of Judea and Samaria, and to the ends of the earth." After saying this, he was taken up to heaven as they watched him, and a cloud hid him from their sight. They still had their eyes fixed on the sky as he went away, when two men dressed in white suddenly stood beside them and said, "Galileans, why are you standing here looking up at the sky? This Jesus, who was taken from you into heaven, will come back in the same way that you saw him go to heaven."

Romans 6:4-9 By our baptism, then, we were buried with him and shared his death, in order that, just as Christ was raised from death by the glorious power of the Father, so also, we might live a new life. For since we have become one with him in dying as he did, in the same way we shall be one with him by being raised to life as he was. And we know that our old being has been put to death with Christ on his cross, in order that the power of the sinful self might be destroyed, so that we should no longer be the slaves of sin. For when a person dies, he is set free from the power of sin. Since we have died with Christ, we believe that we will also live



with him. For we know that Christ has been raised from death and will never die again-death will no longer rule over him.



Northern Neck - Middlesex
FREE HEALTH CLINIC
Since 1993

The Northern Neck-Middlesex Free Health Clinic is currently accepting new patients who are either uninsured or on Medicaid for basic healthcare, dental and prescription services.

For additional information about services and hours, please visit their website at www.nnmfhc.org or call 804-435-0575.

Lower United Methodist Church

SUNDAYS:

CHOIR PRACTICE at 9:00 a.m.

WORSHIP at 10:30 a.m.

March 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 7:00 p.m. Council Meeting 	6 5:00 – 6:30 p.m. Prayer Meeting 	7	8	9
10 Daylight Savings Time Begins 	11	12 10:30 a.m. Bay Aging Presentation sponsored by Martha-Sarah Circle of United Women in Faith  6:30 p.m. Worship Committee 	13 5:00 – 6:30 p.m. Prayer Meeting 	14	15	16
17	18	19	20 5:00 – 6:30 p.m. Prayer Meeting 	21	22	23
24 	25	26	27 5:00 – 6:30 p.m. Prayer Meeting 	28 7:00 p.m. Maundy Thursday Service 	29	30
31 						

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Lower Light

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Email Us
lumc@va.metrocast.net

Check Us Out on the Web
www.lowerumc.org

And on Facebook, X and Instagram



Sunday Worship

10:30 a.m.

Office Hours:

Monday – Thursday

9:00 to 12:00